

Endoscopy

Patient Reminder: Endoscopy

- Prior to your procedure, DO NOT EAT OR DRINK ANYTHING after midnight (NOT EVEN WATER or chew gum).
- Please bring a list of all medications to your appointment. If your Doctor has instructed you to take medication the morning of your test, take your medicine with a small sip of water.
- You must have a responsible adult drive you to and from your appointment. Under no circumstances will you be allowed to drive. You may take a Cab or Bus if a responsible adult is with you.
- Please bring a list of all medications to your appointment. Bring your insurance cards and California identification, but leave other valuables at home.
- Wear comfortable clothes, shoes, and avoid wearing perfume, cologne, and powder.
- Remove Tongue rings and mouth/Lip piercings
- The day before your exam, you can expect a phone call from an Endoscopy nurse to answer any questions you have regarding your test. If you prefer to maintain your privacy, feel free to contact the Endoscopy Center of Chula Vista.